



Newsletter of the Greenwich Riding & Trails Association

NETWORKER

www.theGRTA.org

Spring 2015

Save the Dates!

Trail Clean-up & Picnic

Saturday, May 2nd

Clean-up starts at 9:00 AM at the
Nichols Preserve



Dogwood Ride & Catered Lunch

Saturday, May 9th

Sabine Farm, Greenwich
Riders Up 8:30 AM



Barn Tour

Monday, May 18th

Sandswept Farm



Annual Greenwich Horse Show

Sunday, June 7th

Milliken Property



Pre-registrations required for all events.
Printable entry forms are also available
on www.thegrta.org.

Now — for the next 100 years!

You don't have to be a rider to enjoy our events! In fact, more and more non-riders are joining the GRTA as they want to help us preserve our open space and — they've heard of all the fun we have.

This year, we will be upgrading our communication delivery and payment options to be more in tune with today's environment. So, be on the lookout for more e-mail invitations and event announcements. Also, please be sure we have your most up-to-date email, so you don't miss out.

We have a new season of exciting events this year, starting with our signature Dogwood Ride on May 9th. Come ride amongst the blooming dogwoods or just come for our gorgeous catered lunch. All starts and ends in the Land Trust field at Sabine Farm.

You'll find a list of all our events, entry forms and payment options on our website, theGRTA.org. Come join us — all are most welcome!

Happy spring!

Anita Keefe
President

TRAILS REPORT

The Winter has not been kind for riding and working in the woods.

Year to date, early on, Diego worked the trails around Cliffdale, Audubon Lane, Quaker Lane, Gimble's, and Richmond Hill.

He did all the trails in Babcock, coming from North Street, Burying Hill, Nives, and Lower Cross.

He built 7 fine newly-designed jumps, from 2' 3" to 2' 9", most of which will go to the Nichols Preserve.

Diego was able to do some work in the snow on snow shoes! He spent time at Nichols trimming branches and vines.

He cleaned out his shed, which was packed, as well as the inventory and tools in the truck, with a few trips to the dump.

Independently, the roof on the Milliken storage shed roof which was leaking badly was repaired. It is the shed with the impressive inventory of show jumps.

Next is the Dogwood Ride prep.

Thanks, Rusty

Volunteers Needed!!

Saturday, June 6th, to set up for the Greenwich Horse Show, which will be held on June 7th.

Volunteers are needed at the Milliken Property, 39 Pierson Drive, on Saturday, June 6th from 8:30AM - 12 Noon and anytime on Sunday during the show. All types of jobs are available — setting up fences to putting silk flowers in the flower boxes, etc.

Also, Horse Show Committee Members needed, please contact Lisa at lisabaileycassidy@gmail.com or call her at 203-661-2134.

Many thanks for your help!



Calendar of Events 2015

TRAIL CLEAN-UP & PICNIC

Saturday, May 2nd

9:00 AM

Nichols Preserve

DOGWOOD RIDE

Saturday, May 9th

Sabine Farm, Greenwich

Riders up, @ 8:30 AM.

Catered lunch @ 12:00 – 2:00PM

Vicky Skouras: 203/661-8951 or

VVGs27@aol.com

BARN TOUR

Monday, May 18th

Sandswept Farm

94th ANNUAL GREENWICH HORSE SHOW & ELEGANT TENTED LUNCHEON

Sunday, June 9th

Milliken Property,

Pierson Drive, Greenwich

Lisa Bailey Cassidy

203-337-6477 or

lisabaileycassidy@gmail.com

STETSONS & STILETTOS

Saturday, September 19th

Private Home

DAY IN THE COUNTRY HORSE SHOW

Saturday, September 27th

Christina Schauder

203-629-4723 or clf06831@aol.com

HUNTER PACE

Sunday, October 11thth

June Hill, Greenwich

Claire Reed clrreed@yahoo.com



HEADS UP

-SAVE THE DATE -

WE WANT YOUR HELP!!

Table & Division Sponsors *
Auction Donations * Volunteers

FOR INFORMATION CONTACT:

lisabaileycassidy@gmail.com
(203) 337-6477

rosary@murphybrothers.com
(203) 862-9264

Join the *C*RTA for the
Greenwich Horse Show,
Hunter Derby &
Elegant Country Luncheon

Sunday June 7, 2015

The Milliken Estate
39 Pierson Drive, Greenwich, CT

Classified Ads Now, 3 months FREE on our website with your purchase of each classified ad.

► **BOARDING AVAILABLE**. Small, friendly private barn on GRTA trail system in back country Greenwich. Turnout, 12 x 12 matted stalls; wash stall with hot & cold water; 90' x 180' sand ring w/sprinklers; tack room. \$1,275/month. Boarding or empty stall. Also, horse to share-board available. Please contact Rosary@murphybrothers.com or call 203-862-9264.

► **BOARDING AVAILABLE** GRTA trail system. Great cross-country course and ring on premises. Lots of turnout and spacious stalls. \$2,000 per month includes lessons and/or school. Or, if board only, \$1,700 per month. Please contact Kim Sands at kimsands@gmail.com or 203-861-0047.

► **TRAIL HORSE & PONY FOR HALF-LEASE**—Both are friendly, safe and sane. Facility located on the trail system close to Milliken and Nichols Preserve. Also, 12/12 stalls available with individual turnout. Facility has sand/rubber ring and lessons available. Please contact Nikki at 917-403-4685.

► **BARN AVAILABLE**. Nice, cozy two-stall backyard barn with two paddocks available at 277 Taconic Road on bare stall basis. Excellent trail location, \$450/month per stall. Please call Gloria Molinari at 203-661-6118.



FRED NIVES

1921—2015

He was larger than life and always had a smile and a joke. He made you happy just to be with him.

In 1938 he escaped from the Nazis and managed to get to America in 1940 and then, proudly served in the US Army under Eisenhower's command.

Even at 94 years of age, Fred was a lover of life with unstoppable energy, who lived every day to the fullest. His love of athletics included tennis, swimming, skiing, and horseback riding.

He was a voracious reader, classical music concertgoer and opera lover, especially Wagner. In his youth, he piloted his plane from Paris all over Europe, and ran his boat along the French Riviera to the Greek Isles. As an accomplished horseman for 50 years, he and his beloved Donna rode in many Hunter Pace events. When he was not riding in them, Freddy became an "official" timer and would be there waving us in, as we crossed the finish line.

He graciously brought everybody together for many holidays and occasions -- always generously entertaining guests with his hilarious jokes, wonderful stories, choice bottles of wines and love of fine foods.

We will all surely miss him!

Riding restrictions

Seton Reservation (Boy Scouts)

July 1 — August 31

Riding on **weekends only!**

Closed weekdays — Camp in session.

September 1 — June 30

Riding **weekdays only & Sunday after 12 noon.**

Please call Ranger Scott Stewart (203-536-0733) for permission on Fall, Winter, Spring Saturday & Sunday mornings. If camp is not busy, it might be okay to ride through.

Advice from a Horse

Take life's hurdles in stride

Loosen the reins

Be free spirited

Keep the burrs from under your saddle

Carry your friends when they need it

Keep stable

Conditioning Plan for a Previously Fit Horse

We all know that every horse's needs are different and that any fitness program must accommodate the individual.

That said, here is a basic framework for a plan designed to bring back a healthy, young horse who was fit the previous year.

This is based on riding 4 or 5 times per week. If you're riding only 3 times per week, add time to the warm-ups and walking sets and increase the program to 45 days.

Week 1: Ride for 1 hour, mostly walking with a few intervals of trotting, no more than 10 minutes each.

Week 2: Extend the total ride time to 90 minutes, keeping the same amount of trotting.

Week 3: Introduce short canter sessions, no more than 3 minutes each; increase trotting session to 15 to 20 minutes.

Week 4: Increase ride length up to 2 hours, with trot sessions of up to 20 minutes. Keep canters at 3-5 minutes.

Source: EQUUS

NETWORKER

The newsletter of the
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Box 1403
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Tel: 203-661-3062
www.thegrta.org

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**Please send articles, photos, ads,
comments, suggestions, etc. to:**

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1/2 Page	\$100
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**Please submit copy along with check
payable to the GRTA to Anita Keefe
at the above address.**

MEMBERSHIP

Please help us preserve our open space and come enjoy our many events and parties.

The GRTA is a qualified 501(c)(3) organization supported entirely by its membership and generous contributors who recognize the importance of conserving our natural heritage of open space, trails and horseback riding for future generations. Simply fill out this form and send it, along with your check or cc information, to our address below. Thank you for your support!

Please choose from the following memberships:

- | | |
|---|---|
| <input type="checkbox"/> \$ 50 Young Equestrian (under 21) | <input type="checkbox"/> \$350 Equestrian Center |
| <input type="checkbox"/> \$ 50; <input type="checkbox"/> \$100; <input type="checkbox"/> \$125 Social | <input type="checkbox"/> \$400 Conservationist |
| <input type="checkbox"/> \$175 Individual Rider | <input type="checkbox"/> \$500; <input type="checkbox"/> \$1,000 Patron of the Trails |
| <input type="checkbox"/> \$250 Trail Preservationist Family | <input type="checkbox"/> \$3,500 Individual Life Member |

All contributions are tax deductible

Name _____

Address _____

Town _____ State _____ Zip _____

Email _____ Phone _____

The GRTA adheres to a strict privacy policy and NEVER shares your information.

___ Check Enclosed; ___ MasterCard; ___ Visa; ___ American Express

Name on Card _____ Card #. _____ Exp. Date _____

Signature. _____ Amount \$ _____

GRTA, PO Box 1403, Greenwich, CT 06836 (203)661-3062 www.theGRTA.org

*Our mission is to preserve our
open space and historic trails and
promote the tradition of horseback
riding or future generations.*



GRTA
Box 1403
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